



American Red Cross Group Swimming Lessons

Swimming lessons for all ages are offered year-round. Each session includes eight classes except Saturdays, which has four (4). Class descriptions are available at the front desk or at www.swimkingsport.com. A swim test can help determine the best class level based on skills. To schedule a test, contact Program Coordinator, Madison Gump at madisongump@kingsporttn.gov or call her at 423-343-9767. For additional swim lesson information contact our front desk at (423) 343-9758.

Class Fees:

Kingsport Aquatic Center Members	YMCA Members	Nonmember
Weekdays: \$40.00 for <i>eight</i> classes, \$35 per additional child in household Weekends: \$20.00 for <i>four</i> classes, \$18.00 per additional child in household	Weekdays: \$70.00 for <i>eight</i> classes, \$65.00 per additional child in household Weekends: \$45.00 for <i>four</i> classes, \$43.00 per additional child in household	Weekdays: \$80.00 for <i>eight</i> classes, \$75.00 per additional child in household Weekends: \$55.00 for <i>four</i> classes, \$53.00 per additional child in household

January 2026

No class on December 31st and January 1st. Swim meets on January 10th, 17th, and 24th.

	M/W Classes (8) 12/29-1/26	T/TH Classes (8) 12/30-1/27	Sat. Classes (4) 1/3-1/24
Starfish	5:15pm		8:30am
Tadpoles	5:15pm		8:30am
Guppies	4:30pm	5:15pm	
Seals		4:30pm	9:15am
Dolphins			
Intermediate Level 1	6:45pm	6:00pm	
Intermediate Level 2	6:00pm		10:00am
Intermediate Level 3			
Level 1	6:45pm	6:00pm	
Level 2	6:00pm		10:00am
Level 3			

Registration begins in person or online on **Thursday, December 25th at 4pm** and ends on **Saturday, December 27th at 4pm**. There will be a \$10.00 late registration fee added if you register after registration closes. To make online registration easier please create an account before the day of registration. YMCA members who plan to register online need to show their YMCA card to the KAC front desk staff to update the system to reflect your YMCA membership **prior to registration**. Please keep in mind that if classes do not have a minimum of three (3) participants in the class, it may be combined or cancelled.



Swim School Policies and Procedures

- Please note that enrollment and attendance of swim lessons does not guarantee certification. The Learn to Swim Program follows American Red Cross guidelines. Students may take several session to complete each level. (Your child will benefit from any reinforcement you can provide.) Age restrictions do apply for Parent & Child, Preschool, and Learn to Swim Levels.
- Before arriving to classes, please sign in each day. The KAC Team will keep track of your attendance.
- If you have a balance on your account, it must be paid in full before continuing on with swim school.
- Please keep in mind that we may combine classes if we see that a class may not have enough participants to run.
- Refunds will be given for medical reasons only. All refund requests must be submitted in writing to Madison Gump, Program Coordinator, at madisongump@kingsporttn.gov or at the front desk in the form of a doctor's note.
- Kingsport YMCA members who plan to register online need to show their YMCA card to the KAC front desk staff in order to update the system to reflect your YMCA membership prior to registration. Kingsport YMCA members that have not shown their card prior to registration will not receive a discount/refund once registered.
- Please arrive at least 5 minutes before the start of your class and meet the instructor at the warm water pool bleachers by the Palmer Center Warm Water Pool.
- Do not enter the water until class begins.
- Parents/guardians of all children must be available at all times to escort them to the bathroom or in case of emergency. Parents may observe classes from the bleachers on deck, benches, or from the wet corridor area beside the pool. We request that parents refrain from communicating with their child during lessons; however, we encourage parents to approach the instructor before or after class with concerns regarding their child's progress.
- Please remember that the **fee paid is for classes only**. This does not include swim time for the student or his/her family before, during or after class. Please refer to the open swim times advertised in the information brochure. Regular admission fees or memberships may apply.
- Children who are not potty trained must wear a swim diaper under their swimsuit. If you do not own a swim diaper, you may purchase one at our front desk.
- If you have any questions about our swim school, please feel free to call our front desk at (423) 343-9758 and a staff member will promptly return your call.