



St. Patrick's Day Invitational 2023

Saturday, March 11th, 2023

Rules:

2023 USMS Rules and Southeastern LMSC Safety guidelines and warm-up procedures will govern. Safety guidelines specify feet-first entry during warm-ups, except for designated sprint lanes. All events will be timed finals.

Sanctioned By:

Southeastern Masters Swimming for United States Masters Swimming Inc.

Host Club:

Kingsport Aquatic Center Viperfish Masters Team

Location:

Kingsport Aquatic Center

1820 Meadowview Parkway, Kingsport TN 37660 (423)-343-9758

Directions to the Kingsport Aquatic Center can be found on www.swimkingsport.com

Facility:

The HMG competition pool at the Kingsport Aquatic Center is a 50-meter pool divided by moveable bulkheads making it two 25-yard pools with 8 lanes on each side. It has a minimum depth of 5 feet and a maximum depth of 13ft. The pool is equipped with Daktronics Timing System. Warm-up/warm-down lanes will be available throughout the meet in the shallow end of the HMG competition pool. The length of the competition course complies with and is on file with, USMS per articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 Records will be contingent on verification of bulkhead placement.

Online Entry: <https://secure.rec1.com/TN/kingsport-tn/catalog?filter=c2VhcmNoPTlyODg1OTY=>

Eligibility:

All swimmers must be registered with United States Masters Swimming. We encourage swimmers to use the online entry system, which streamlines checking USMS registrations, putting your entries into the meet database, and entry payments.

Swimmers using a paper entry form need to attach a copy of their USMS card to their entry forms. Swimmers using paper entries must also print out and sign the USMS waiver of liability found at the end of this meet information. They must address them to our pool location above.

For swimmers who are not USMS members, One Event Memberships are available for a cost of \$20.

Meet Date/Start Time:

Saturday, March 11th

Open Warm-Ups: 11:00am

Meet Start: 12:15pm

Entries and Fees:

A swimmer may enter up to six (6) individual events at a flat fee of \$60.00.

Registration payments can be paid online at:

<https://secure.rec1.com/TN/kingsport-tn/catalog?filter=c2VhcmNoPTIxMjMyMzM>.

Checks should be made payable to the City of Kingsport and can be mailed with the entry form to 1820 Meadowview Parkway, Kingsport TN 37660.

Late entries, as well as deck entries, will be accepted with an additional \$15.00 fee.

Age for entries is determined by the swimmer's age on March 11th, 2023.

Seeding:

All events will be seeded slowest to fastest with mixed gender. A swimmer with no seed time may indicate "No Time" or "NT" in the time slot and will be seeded at the slowest time in the event.

***To be seeded in the 500 Free and 1650 Free, a positive check-in is required in person at the registration desk by 11:30 am Eastern Time Zone on the day of the event. We will seed the event at 11:35 am.**

The 500 free and 1650 Freestyle will be limited to 32 spots.

Results will be tabulated by gender and age group, as defined by USMS guidelines.

Warm-Up Schedule:

Warm-ups will start on Saturday, March 11th at 11:00 am Eastern Time Zone. Warm-ups will end at 12:00 pm (noon) but the shallow end of the competition pool will be open for continuous warm-ups throughout the evening. At 11:45 am lanes 1 and 8 in the deep end will be one-way sprint lanes only.

Relays:

**Relay entries should be submitted to the head table by the start of the session, 12:15 pm, Saturday afternoon. There is no extra charge for relay entries.

Disabled Swimmers:

An information sheet for disabled swimmers is available to prepare the facility and meet officials. Please contact Operation Coordinator of Programming, Madison Gump at, madisongump@kingsporttn.gov, (423)343-9767.

Officials:

Meet Director: Madison Gump

Entry Chair: Madison Gump

Meet Referee: Tom Shumann

Deadlines:

All individual entries and fees must be received by 11:59 pm EST on Sunday, March 5th . Any entries arriving after that date will be considered late and require an additional \$15.00 fee. Late entries are due by March 10th, 2023 at 11:59 p.m. Eastern Standard Time.

Facility Rules:

The Kingsport Aquatic Center employees respectfully ask:

- No outside coolers, food, or drinks be brought into the building.
- No smoking or use of Electronic Cigarettes is allowed in the building or parking lot area.
- Only swimmers, coaches, and meet personnel will be allowed on the pool deck at any time.

For any other questions regarding the swim meet and/or registration please contact Operation Supervisor of Programming Madison Gump at madisongump@kingsporttn.gov or call at (423)343-9767. Thank you!

- Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.
- Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms, or locker rooms.

Water Fountains: are available for refilling reusable bottles, which are sensor activated.

Parking:

The KAC as well as the adjacent YMCA will be open during the meet. In deference to the YMCA members, please have your families park in the lot adjacent to the outdoor water park. Additional parking is available at the Meadowview Marriott, located just 1/2 mile from the Aquatic Center. If needed, you may drop off swimmers at the Aquatic Center before driving over and parking at the Meadowview lot.

Timing System:

The primary timing system will be automatic timing (Daktronics Timing System, with scoreboard). Times may be submitted for USMS records and USMS Top 10 consideration.

Special Notes: All men's, women's, and mixed events will swim together. The Meet Director reserves the right to limit the number of entries, in any event, to run the meet within the time allocated. The Meet Director reserves the right to insert breaks to provide sufficient rest for the swimmers between events. The HYTEK event file, psych sheet, results, and other meet information will be posted on the Kingsport Aquatic Center website as they become available.

Refreshments: The Kingsport Aquatic Center will have a concession stand available for prepackaged drinks and food to be purchased at your discretion. They will also have water stations available for swimmer use.

Hotels: The closest hotel to our facility is Meadowview Marriott Conference Resort & Convention Center. It is approximately a half a mile from the Aquatic Center and is located at 1901 Meadowview Parkway, Kingsport, TN 37660.

*Positive check-in required for the 500 and 1650 Free by 11:30 am Eastern Time Zone.

** Relay entry deadline

Please check out "Visit Kingsport" <https://visitkingsport.com/> for a list of things to do, places to stay, where to eat, events, a visitors guide, and contact information. We look forward to you visiting Kingsport and will see you soon!

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PLEASE USE THIS FORM FOR ENTRY AND MAIL TO

Madison Gump, 1820 Meadowview, Parkway, Kingsport, TN 37660

Saturday, March 11th, 2023

LAST NAME _____ FIRST NAME _____ EMAIL _____
POSTAL ADDRESS _____
DAYTIME PHONE (____) _____ - _____
EVENING PHONE (____) _____ - _____
BIRTHDATE _____
AGE AS OF 9/16/2022 _____
USMS REGISTRATION NUMBER _____
CLUB NAME _____
CLUB ABBREVIATION _____

Please make checks out to City of Kingsport
Meet entry \$60.00 \$ _____
Late entry fee, \$15.00 \$ _____
Total enclosed \$ _____

Mail to: Madison Gump, 1820 Meadowview ,
Parkway, Kingsport, TN 37660

Warm-ups start at 11:00 am
Meet Session starts at 12:15 pm

Event #	Sex (circle 1)	Event		Entry Time
1	M F	500 YD	Free	
2	M F	200 YD	Medley Relay	
3	M F	100 YD	IM	
4	M F	200 YD	Fly	
5	M F	50 YD	Back	
6	M F	100 YD	Breast	
7	M F	50 YD	Free	
8	M F	200 YD	IM	
9	M F	50 YD	Fly	
10	M F	200 YD	Free	
11	M F	100 YD	Back	
12	M F	200 YD	Breast	
13	M F	100 YD	Free	
14	M F	200 YD	Back	
15	M F	50 YD	Breast	
16	M F	100 YD	Fly	
17	M F	400 YD	IM	
18	M F	200 YD	Freestyle Relay	
19	M F	1650 YD	Freestyle	

PLEASE BE SURE TO SIGN THE USMS WAIVER AND INCLUDE IT WITH YOUR ENTRY

PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.

2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness, and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.

3. I agree to be familiar with and abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my conduct and actions while participating in the Events.

4. I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19, or have traveled to or from a highly impacted area, I will not attend an Event for at least two weeks after exposure or symptoms have subsided or I have returned from a highly impacted area. In addition, if I discover I have been exposed to a suspected or positive case of COVID-19 or have tested positive for COVID-19, I will notify the USMS coach or club administrator immediately.

5. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.

6. I further agree that if despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, and acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions, and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason is unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	M.I.	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street address, City, State, Zip				
Participant Signature				Date: